



john popper
zygote

The Band

John Popper: Vocals, Lead Guitars, Harmonicas, Flutes, Squeals, Whistles & Iron-Fisted Will
Crugie: Rhythm Guitars, Secondary Vocals on "Tip The Domino" & Warrior Spirit
Dave Ares: Bass Guitars & Improved Posture
Rob Clores: Hammond B-3, Pianos & Sensitivity Trainer
Carter Beauford: Drums, Percussion & All Around Samurai Bad Ass

Carter Beauford's drums courtesy of RCA Records

Produced by Terry Manning and John Popper

Engineered and Mixed by Terry Manning

All songs arranged by John Popper

Words and Music by John Popper, ©1999 Yay Me Pay Me Music, BMI

"How About Now" co-written by Jonny Lang, ©1999 Langy Tunes, ASCAP

"Lunatic" and "Open Letter" co-written and "Tip the Domino" written by Crugie,

©1999 Bah Gah Brothers Music, ASCAP

Recorded & Mixed at Water Music, Hoboken NJ

Assistant Engineers: Buffalo Joe (silent & steadfast) and Dan Jurow (sarcastic but effective)

Masterfully Mastered by Ted Jensen & Assistance Assisted by Paul Angelli at Sterling Sound, NYC

A&R by Tom Whalley

Administered by Lyn Weiner

Chief Tech & Excessive Shrugging: Obi-Bob Mahoney

Ninja Drum Tech: Henry Luniewski

Chef au Poivre & Sconceret of the Dark Culinary Arts: Ray Mara

A Damn Fine Cook in his Own Right as well as all-around

Schlepper of Stuff, & Good Karma: Dave "Demo" Demotist

Flamboyant Concept and Illustrations: Andrei Dunham

Photo: Danny "Mybuttsouldan" Clinch

Production Coordinator: Cliff Feiman

Publicity: Steve Karas, PhD Doctorate of Fine Arts & Native American Studies

Assistant to Mr. Popper & Underworld Connection: Lynn Probst

Head Bouncer, Master Tai Chi & Voyager of the Human Soul: Gina-Z

Management/ Twelve Step Program: Dave Frey & Susan Bank/Silent Partner Management

Debi Burdick, Gina-Z, Hillary Cooper-HH

Disco Business Management: Jumpin' John Meneilly & Rockin' Rit

Venerus/Provident Financial Management

Legal: Elliot Grotfman & Janine Natter/Codikow, Carroll, Guido & Grotfman

(We were going to give them cute names too, but they could sue us)

www.bluestraveler.com

Hotline:

(212) 582-8787

Blues Traveler Authorized Releases

Blues Traveler 75021 5308 2

Travelers & Thieves 75021 5373 2

Save His Soul 31454 0080 2

(featuring *Wedding with strings and more*)

four 3154 0265 2

Live From The Fall 31454 0515 2

Straight On Till Morning 31454 0750 2

John Popper c/o Blues Traveler

PO Box 1128

Radio City Station

New York, NY 10101-1128

miserable bastard 7:25
once you wake up 3:28
growing in dirt 4:23
tip the domino 5:05
his own ideas 6:44
home 4:00
love for free 4:04
how about now 3:07
evil in my chair 4:19
lunatic 6:24
open letter 5:15
fledgling 7:22



The CD surface features a dark background with several circular, textured images that resemble microscopic views of biological cells or tissues. One image in the upper right is specifically labeled as a zygote. The central hole of the CD is visible.

john popper

→ zygote

859-904082



Printed in the U.S.A. Unsanitized Replication is a violation of applicable laws.

Manufactured and distributed in the United States by Universal Music & Video Distribution, Inc. All rights reserved.

© 1999 Atlantic Music & Video Distribution, Inc.